



## Haldanes Restaurant

“This quirky basement restaurant situated in the heart of the New Town and surrounded by a cluster of art galleries and antique shops is always worth a visit. With a reputation to satisfy even the most curious of us – you really should give it a try.”

Our Intimate and Elegant Rooms offer you the opportunity to relax and enjoy our Award-winning Scottish Cuisine.

Complimentary Private Rooms for All Occassions.

Reservations: 0131 556 8407  
Email: dinehaldanes@aol.com  
www.haldanesrestaurant.com  
13b Dundas Street, Edinburgh

# Food news

## SOUND BITES

### MINTY FRESH

Harvey Nics has exclusively launched a new Peppermint Tea from Summerdown. Created by Sir Michael Colman (of the mustard dynasty), he has used the oil from Black Mitcham peppermint, which he brought back from near extinction after WW2 to grow on his farm in Hampshire. Black Mitcham is a much more intense mint, giving the tea a superior, more intense flavour. £2.95, **Harvey Nichols** Food Hall.



## Thai Lights



There are loads of health benefits linked with eating Thai food and Sharwood's has just brought us something to smile

about from the land of smiles; a range of Thai curry pastes, stir-fry sauces and easy to make noodles. Full of natural ingredients such as fragrant kaffir lime leaves, creamy coconut, spicy chillies and aromatic Thai herbs, there's not an artificial colour or flavour in sight. We tried the green curry paste – add prawns, coconut milk and a handful of baby corn for an excellent meal for two in ten minutes. It puts a whole spin on curry in a hurry and at 89p per sachet, it's great value too. Available in Sainsbury's and Waitrose stores.

### DUCK TALES

Renowned for its great food and award-winning wine list Duck's at Le Marche Noir now offers a three course set dinner menu for £28, planned by head chef Robert Mitchell, formerly of London's Chez Bruce and The Glasshouse. A seven course tasting menu, £50, has also been introduced priced at £50 with the option of wines to match each course.

**Ducks** at Le Marche Noir, 14 Eyre Place, Tel: 0131 558 1608, www.ducks.co.uk